Nelson Legacy Project Newsletter – July 2025

"Legacy isn't what we leave behind—it's what we lift up."

Thank you for continuing to show up, give back, and pour kindness into our community. Your support—whether through your time, donations, or encouragement—means more than words can say.

As we head into July, we're hoping to keep the momentum going with a powerful new initiative that honors the heart of what we do: lifting others up. This month, we turn our focus to our incredible educators through a campaign that's personal, meaningful, and inspired by a legacy that continues to guide us.

We invite you to join us once again and help make a difference—the Mrs. Nelson way.

July Project:

Adopt a Teacher – The Mrs. Nelson Way

A Nelson Legacy Project Initiative

This July, the Nelson Legacy Collective is proud to launch a month-long kindness campaign for our local educators: Adopt a Teacher – The Mrs. Nelson Way.

Inspired by the incredible Adopt a Bedford Co. Teacher campaign led by Tina Corley, we're putting our own heartfelt twist on it—centered around stories, connection, and the kind of impact that lasts a lifetime.

In honor of Mrs. Nelson—a public school teacher who didn't just teach, but changed lives—we're calling on our community to help "clear the lists" for deserving teachers across Bedford County.

Each week in July, we'll feature a new way to give:

Week 1 - "Fresh Start"

Highlight & adopt first-year teachers who are setting up their classrooms for the very first time. Let's make sure they walk into the year feeling fully supported.

Week 2 – "Nominate a Hero"

Know a teacher who consistently goes above and beyond? Nominate them for a Clear the List surprise!

Week 3 – "Pitch Your Impact"

Teachers will be invited to share how a helping hand would directly impact their classroom. The most powerful stories will be featured—and their lists cleared!

Week 4 – "The Mrs. Nelson Spotlight"

Teachers will submit a short story about what inspired them to teach and the kind of impact they hope to have. In memory of Mrs. Nelson, we'll spotlight one story each day—and work to clear those lists as a tribute to the legacy of loving, life-changing educators.

★ Want to help?

- Adopt a teacher by choosing a wishlist to support
- Nominate someone deserving
- Share a story that moves you
- Or simply spread the word and cheer on those who shape young minds

Because Bedford County summers have become about something beautiful—giving back to the teachers who give us everything.

And because for some of us, it all started with one unforgettable teacher.

Community Spotlight:

Community Clinic of Shelbyville & Bedford County

We're proud to feature the Community Clinic this month—a nonprofit medical home for Bedford County residents without health insurance.

They offer compassionate, affordable care through volunteer healthcare providers and community donations.

Services include:

Primary and preventive care

- Chronic disease management (diabetes, hypertension, etc.)
- Prescription assistance
- Women's health and Pap tests
- Vision and hearing screenings
- Referrals for dental and mental health care
- Lab work and x-rays
- Patient education and health coaching

Learn more or support them at: https://shelbyvilleclinic.org

As summer winds down and classrooms start gearing up, let's be the reason a teacher walks in feeling ready and appreciated. Whether you give \$5 or five packs of pencils—every little bit makes a difference. Thank you for continuing to show what kindness can do.